



THIS EVENT IS IDEAL FOR BOTH NON-COMPETITIVE & COMPETITIVE SWIMMERS.



Sunday 10th March 2013 Warm up 12.30pm & start 1.00pm

EVENTS:

100m Individual Medley

2. 50m Freestyle

3. 100m Backstroke

4. 25m Backstroke

5. 50m Butterfly

6. 200m Freestyle

7. 25m Breaststroke

8. 50m Backstroke

9. 100m Butterfly

10.50m Breaststroke

11. 25m Freestyle

12. 200m Individual Medley

13.100m Breaststroke

14.100m Freestyle

15. 200m Backstroke

16.25m Butterfly

17. Open freestyle Relay (4x50)

18. Open Medley Relay Paul Kent Memorial

- 1. All participants must agree to comply with the sports anti doping rules and regulations.
- 2. All events will be swum as Mixed age groups timed finals.
- 3. No times will not be accepted
- 4. Athletes with disabilities are welcomed and will swim under the AWD rules.
- 5. Timed finals 1^{st} , 2^{nd} , 3^{rd} ribbons for each age group (male & female).
- 6. Age groups 9 & under 10-11, 12-13, 14-15, 16 & over.
- 7. \$6.50 per event, cheques made payable to Levin Swimming Club Inc. PO Box 240 Levin 5540.
- 8. Limited to 5 entries per swimmer, age as at the day of the meet.
- 9. No refunds form scratchings unless a medical certificate is produced.
- 10. Entries close on 2nd March 2013 with Betty McIntyre racesecretarylevinswimclub@hotmail.co.nz
- 11. Levin reserves the right to eliminate swimmers if the need arises to limit the program.
- 12. No late entries please, submit entries by email complied for meet manager.